

NEW IN REVIEW

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NUTRITION IN CLINICAL PRACTICE

Vol 16 , April 2001

Metabolic occurrences in total parenteral nutrition patients managed by a nutrition support team. E.S. Dodds, J.D. Murray, K.M. Trexler, and J.P. Grant. 78-84.

Nutrition support care map targets monitoring and reassessment to improve outcomes in trauma patients. C.J. Klein, G.S. Stanek, and C.E. Wiles III. 85-97.

Oral nutritional supplements in human immunodeficiency virus disease: a review of the evidence. J.K. Keithley and B. Swanson. 98-104.

PREVENTIVE MEDICINE

Vol 32, May 2001

Obesity is associated with reduced self-rated general health status: evidence from a representative sample of white, black and Hispanic Americans. I.S. Okosun, S. Choi, T. Matamoros, and G.E.A. Dever. 429-436.

BOOKS

CLINICAL NUTRITION: PARENTERAL NUTRITION, 3RD ED

Edited by John L. Rombeau, MD, and Rolando H. Rolandelli, MD: Philadelphia, PA: W. B. Saunders Co.; 2001. Hardcover, Pp 623. price: \$110. ISBN 0-721608120-4.

This book is a useful reference for both the seasoned nutrition support practitioner and the general clinical practitioner who may not have the opportunity to care for patient receiving parenteral nutrition support on a regular basis. The editors have looked across multiple healthcare disciplines including: physicians (in all specialties), pharmacists, nutritionists and nurses to author the various chapters which provide up-to-date information and new practice guidelines.

This text follows a logical format, beginning with the history of parenteral nutrition and concluding with the ethical issues facing nutrition professionals working in this field. Chapters on micronutrient needs, metabolic assessment and parenteral access, formulation and complications are also included, as is the role of parenteral nutrition in various disease states and populations (the obese, the elderly and neonates). Through the use

of extensive reference lists included in each chapter and detailed tables and figures that highlight key information in the text, the book addresses specific nutrient requirements, assessment parameters and strategies for treatment (medical, surgical and/or nutritional).

The inclusion of a new chapter on the "Finances of Home Parenteral Nutrition" should be enlightening for readers, especially in this day of cost-containment and reduced length of stay in acute care facilities, which requires all healthcare team members to be well-versed on the "know" of sending a patient home. For example, under Medicare, home parental nutrition is not covered for patients with swallowing disorders, psychological disorders impairing food intake, temporary defects in gastric emptying, metabolic disorders inducing anorexia (e.g. cancer), physical disorders impairing food intake, side effects of medication or renal failure or dialysis.

The criteria to evaluate appropriateness of therapy and the requirements needed to justify reimbursement for various payers is presented in a clear manner. And the suggested tips for challenging reimbursement denials are particularly useful.

Dr. Rombeau and Dr. Rolandelli have succeeded in providing not only nutrition support professionals-but all healthcare professionals-a text with current developments and the knowledge they need to provide optimal nutritional care to those unable to be fed enterally.
—CYNTHIA ANN KWIATKOWSKI, MS, RD, *University of Medicine and Dentistry of New Jersey, Scotch Plains, NJ and Monmouth Medical Center, Long Branch, N.J.*

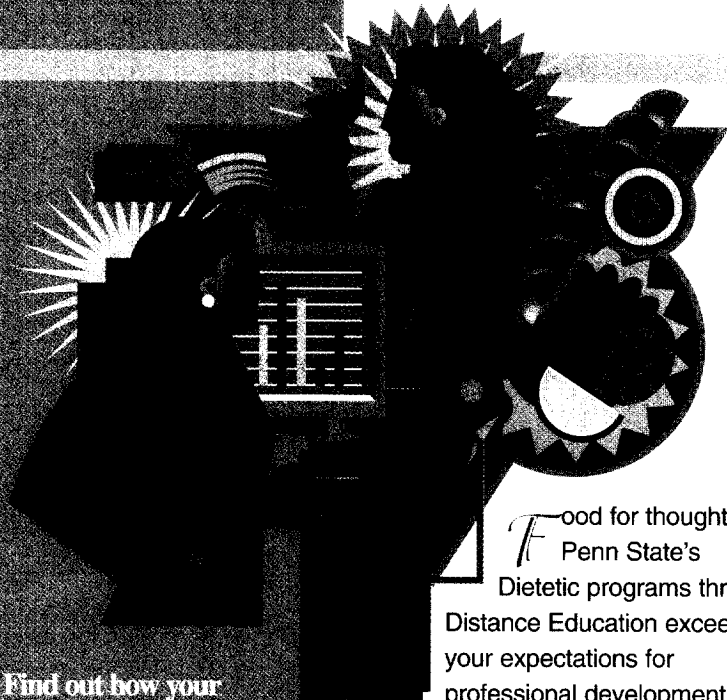
NUTRITION FOR SERIOUS ATHLETES

By Dan Benardot, PhD, RD. Champaign, IL: *Human Kinetics*; 2000. Softcover. Pp 337. Price: \$16.95. ISBN 0-88011-833-4

Nutrition for Serious Athletes is a useful addition to the dietetic professional's bookshelf because it combines current science with practical, food-related applications.

The text is organized into three parts: "Building a Solid Base," "Tailoring Nutrition to Your Training" and "Serious Nutrition Plans for Your Sport." Each part contains several chapters, each of which

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